


Load shedding checklist Prepare yourself by doing the following



Keep your **cell phone** fully **charged** **when the power is on.** If your cellphone battery is low, remember that you can use your car charger in your car.

Invest in a small **LP gas lamp** for good quality lighting over a large area.

Prepare meals beforehand in case of a power outage.




Install **solar powered** security and garden **lights.**




Load shedding may result in alarm systems not operating properly therefore **check with your insurer** if you are covered should you have a break in while the alarm is not powered.



Remember to **switch off your oven** if it was on when the power outage started.



Keep boiled water in **thermos flasks** for hot drinks during a power outage.

Invest in a small **LP gas heating ring** for essential cooking and to boil water for hot drinks - make sure you have an extra bottle of gas.



Make use of **surge protection:** Electric surges are one of the biggest causes of damage to equipment during a power outage. **Installing a surge protection device** can help minimise damage. Have a surge protection device fitted to your electrical distribution board.

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For more info go to:
www.eskom.co.za

Keep **frozen bottled water** in your freezer to help **keep food cold** during a power outage.


Keep a battery-powered **torch** or **candles** in a place where it will be easy to find in the dark - make sure you have an extra set of fresh batteries.



Keep a **small torch** on your bedside table at all times - make sure you have an extra set of fresh **batteries.**




Keep **refrigerator and freezer doors closed** at all times - a power outage of four hours should not cause food spoilage and a freezer should keep food frozen and safe for at least a day.




Back up your data: Make it a priority to save your data offsite, in case of a hard drive crash or unforeseen electrical fault. Online "cloud-based" backups are very convenient and are mostly automated, which means that you have one less thing to worry about.

Access, security and safety always remain a top priority - Know where the manual release lever of your electric garage door opener is located and how to operate it.



Also keep a **key to your house** with you if you regularly use the garage as the primary means of entering your home, in case the garage door will not open.



Most **medication** that needs **refrigeration** can be kept in a closed fridge for several hours without spoiling - it is essential that you check with your doctor or pharmacist to be sure about your type of medication.

